



## Dementia Advocate

**Do you, your clients or a family member need the support of a Dementia Advocate?**

It is important that people suffering from Dementia have access to Independent Advocacy services so that they can be enabled, with the support of their family and/or carers, to make decisions about their future care by having their voice heard and their views represented.

**Tel: 01595 743929**

## A Dementia Advocate is someone who can:

- Support people to express their views and wishes, pursue their rights, make their own informed decisions and explore and understand the options available to them.
- Take time to listen to what people are saying within a confidential relationship.
- Offer people support and understanding.
- Help people maintain control over their lives.
- Find information and explain it to people.

**Government guidelines** state that when significant decisions are being made concerning the current and future care of someone with dementia, it is important that they can access Independent Advocacy services if they are not fully able to present their own views.

## This means that:

- **People with dementia** can have help from Independent Advocacy services to present their views.

- **Carers of people with dementia** are involved in helping the person they support to access Independent Advocacy services to present their views.
- **Local authorities and others commissioning services** work with providers to ensure the services they commission enable people with dementia, with the involvement of their carers, to access Independent Advocacy services.
- **Organisations providing care and support** ensure people with dementia are enabled, with the involvement of their carers, to access Independent Advocacy services.
- **Social care and healthcare staff** ensure they enable people with dementia, with the involvement of their carers, to access Independent Advocacy services.

**Advocacy Shetland** can provide information and support for people with Dementia and for their carers. If you have Dementia, or if you care for someone with Dementia and would like to talk about Dementia Advocacy, please contact us.

If you are unsure if we can help you, please contact us to discuss, as enquiries are most welcome.



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