



General Information

What is Advocacy Shetland?

We are an independent, confidential, free service aiming to support and empower people to have their voices heard. We listen to you, and assist you to have your views and options heard when dealing with various organisations.

Tel: 01595 743714

The type of advocacy we cover:

- **Mental Health**
- **Learning Disability & Autism**
- **Children & Families**
- **Adult Support & Protection**
- **Housing/homelessness**
- **Older Adults**
- **Physical Disabilities**

We can also help with:

- **Transition from hospital back into the community**
- **Families at risk**
- **Self-Directed Support**
- **Access to Legal Assistance?**
- **Education issues**
- **And much more...**

An Advocate is someone who:

- Will help you make informed decisions in the situation you face.
- Will accompany and support you at meetings.
- Will put forward your point of view when you feel you cannot, including writing letters or making phone calls on your behalf.
- Will explore the means to help you feel empowered to engage more and speak for yourself.

Who can have an Advocate?

- Anyone using health and social care services.
- Individuals accessing services or their carers.
- Parents / Guardians of children with additional support needs.

If you are unsure if we can help you, please contact us to discuss, as enquiries are most welcome.



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Email: advocacy@shetland.gov.uk

Website: www.advocacy-shetland.org

FB: www.facebook.com/advocacyshetland

Charity No: SC048201

**Advocacy Shetland is a confidential,
independent, free service.**